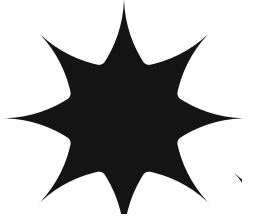


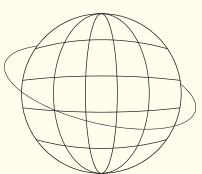
# PREY DRIVE ESSENTIALS



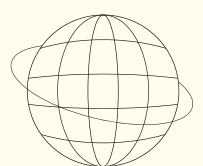
# MINDSET



Presented by  
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# CONSISTENCY MATTERS

## It is also the hardest part

Training dogs isn't really as hard as it often feels like it is.


Most dogs love to do things with the person they love and most can learn to do that even when there are big distractions around. The hard thing is consistency.

- I'm busy this week.
- I'm not good at training.
- I need to learn more and then I'll start.

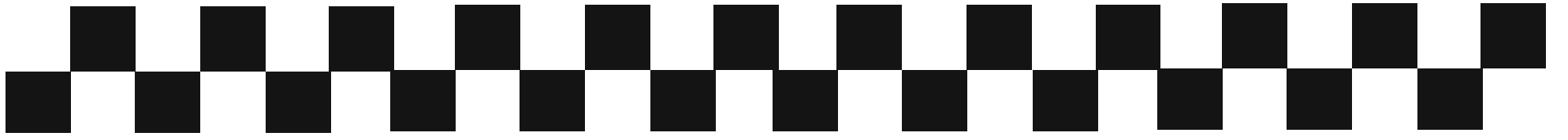
- My dog is too old.
- My dog's prey drive is too high.
- I've tried everything and nothing has worked.

These stories and others like them prevent consistency because they stop you training. Sometimes they even stop you noticing things working.

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# HUGE BLOCKER



Things going wrong are a huge blocker.  
Those events create a downward spiral.

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There are the thoughts of what might have  
happened.

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There are worries about it happening again.

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You might replay it over and over again in  
your head, beating yourself up.

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You might replay it over and over again in  
your head, thinking about how impossible  
your dog is to train.

# HERE'S WHAT TO DO

Train your dog for a few minutes every day. Do it on your walks, at home, while the kettle is boiling. Don't overthink it. Find a way to fit it in.

Every day write down 3 wins you had with your dog that day.

